#### **Preschool Programs**

Most classes held at: NKCC North Kirkland Community Center 12421 103rd Ave NE ★ 425.587.3350

#### Preschool Class Requirements

- Children must be able to follow directions and participate in small group setting without a parent.
- ★ Please take your child to the bathroom before class.
- ★ No siblings other than infants in carriers; registered participants only.
- ★ Refer to class description for "no class" dates.
- ★ Please be on time for drop-off and pick-up.!
- ★ If we cancel an individual class, we will make It up when the schedule allows. If the schedule does not allow for a make-up class, a credit will be issued. No make-up are available for missed classes.
- Refund policy is on page 7



#### **Preschool Fun**

# McAuliffe Park Preschool Fun Outdoors NEW

#### Ages 3 to 5 years

Potty trained preschoolers spend fifty percent of each day outside, rain or shine, amid this 12 acre park discovering the wonders of the natural world that surround them. Inside activities will include stories, music, construction play, art, dramatic play, and letter recognition. There is no such thing as bad weather, only bad clothes, so be sure to dress for the elements.

Choose from a 1 hour or 1.5 hour class • We recommend the 1 hour program for beginners • Instructor: Miss Melissa • Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off of 108th Ave NE) • There is a 1 to 8 teacher to student ratio and each session will be a new curriculum

#### Age 3 years

5 weeks • Resident \$53 / Non-Resident \$64 (per session)

Thur	9:30-10:30am	Sept 11-0ct 9	43574
Thur	9:30-10:30am	Oct 16-Nov 13	43575

4 weeks • No class 11/27

Resident \$42 / Non-Resident \$50 (per session)

Thur	9:30-10:30am	Nov 20-Dec 18	43576

6 weeks • No class 2/12

Resident \$64 / Non-Resident \$77 (per session)

Thur	9:30-10:30am	Jan 8-Feb 19	43586
Thur	9:30-10:30am	Feb 26-Apr 2	43587

#### Ages 3 to 4 years

**5 weeks •** Resident \$80 / Non-Resident \$96 (per session)

Thur	10:40am-12:10pm	Sept 11–0ct 9	43580
Thur	10:40am-12:10pm	Oct 16-Nov 13	43581

4 weeks • No class 11/27

Resident \$64 / Non-Resident \$77 (per session)

Thur	10:40am-12:10pm	Nov 20-Dec 18	43582
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6 weeks • No class 2/12

Resident \$96 / Non-Resident \$115 (per session)

Thur	10:40am-12:10pm	Jan 8–Feb 19	43588
Thur	10:40am-12:10pm	Feb 26- Apr 2	43589

#### Ages 4 to 5 years

5 weeks • Resident \$80 / Non-Resident \$96 (per session)

Thur	12:30-2pm	Sept 11–0ct 9	43583
Thur	12:30-2pm	Oct 16-Nov 13	43584

4 weeks • No class 11/27

Resident \$64 / Non-Resident \$77 (per session)

Thur	12:30-2pm	Nov 20-Dec 18	43585
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6 weeks • No class 2/12

Resident \$96 / Non-Resident \$115 (per session)

Thur	12:30-2pm	Jan 8–Feb 19	43590
Thur	12:30-2pm	Feb 26 – Apr 2	43591

# ABC & 123 "Preschool Fun For Everyone"

#### Ages 3 to 5 years

Miss Susie will teach letter and color recognition, number sequencing, science, seasons and art doing creative group and individual projects. A 1 to 8 teacher to student ratio.

Choose from a 1 hour or 1½ hour class. We recommend the 1 hour programs for beginners • Location: NKCC

#### Age 3 years

**5 weeks** • No class 11/11

Resident \$53 / Non-Resident \$64 (per session)

Tue	9:30-10:30am	Sept 9–Oct 7	43605
Tue	9:30-10:30am	Oct 14-Nov 18	43608

#### 4 weeks

Resident \$42 / Non-Resident \$50 (per session)

Tue 9:30–10:30am Nov 25–Dec 16 436	11
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#### 6 weeks

Resident \$64 / Non-Resident \$77 (per session)

Tue	9:30-10:30am	Jan 6-Feb 10	43614
Tue	9:30-10:30am	Feb 24-Mar 31	43617

#### Ages 3 to 4 years

**5 weeks** • No class 11/11

Resident \$80 / Non-Resident \$96 (per session)

Tue	10:40am—12:10pm	Sept 9–Oct 7	43606
Tue	10:40am-12:10pm	Oct 14-Nov 18	43609

#### 4 weeks

Resident \$64 / Non-Resident \$77 (per session)

Tue	10:40am-12:10pm	Nov 25-Dec 16	43612

#### 6 weeks

Resident \$96 / Non-Resident \$115 (per session)

Tue	10:40am-12:10pm	Jan 6- Feb 10	43615
Tue	10:40am-12:10pm	Feb 24-Mar 31	43618

#### Ages 4 to 5 years

**5 weeks •** No class 11/11

Resident \$80 / Non-Resident \$96 (per session)

Tue	12:30-2pm	Sept 9–Oct 7	43607
Tue	12:30-2pm	Oct 14-Nov 18	43610

4 weeks • Resident \$64 / Non-Resident \$77 (per session)

	Tue	12:30-2pm	Nov 25-Dec 16	43613
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6 weeks • Resident \$96 / Non-Resident \$115 (per session)

Tue	12:30-2pm	Jan 6– Feb 10	43616
Tue	12:30-2pm	Feb 24-Mar 31	43619

#### Art

#### **Art Adventures** (Parent Participation Optional)

#### Ages 3 to 5 years

You're a little bit older, and now ready for this, a safari in art you won't want to miss. So lace up your boots, on a hunt we will go, that will take us through paint lands and mountains of dough. We'll capture the colors and textures and more, and release them to projects you're sure to adore.

Instructor: Miss Pamela • Location: NKCC 3 weeks • Resident \$24 / Non-Resident \$29

Wed	10:30—11:15am	Sept 10—24	43332
Wed	10:30-11:15am	0ct 8-22	43333
Wed	10:30-11:15am	Nov 5-19	43334
Wed	10:30-11:15am	Dec 3–17	43335
Wed	10:30-11:15am	Jan 7–21	43336
Wed	10:30-11:15am	Feb 4-18	43337
Wed	10:30-11:15am	Mar 11–25	43338

#### **Valentine Workshop**

#### Ages 5 to 8 years

Create a one-of-a-kind valentine box with glitter, doilies, paint, stickers, and more to store your beloved valentines. Listen to a heartwarming story, and enjoy a valentine snack.

Instructor: Miss Pamela • Location: NKCC Resident \$20 / Non-Resident \$24

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Sat	12–1:30pm	Feb 7	43340

#### **Art for Little Hands** NEW



#### Ages 4 to 5 years

Enter the world of creativity and easy early learning for young hands and minds. Children will be led through creative art projects designed to develop fine motor and social skills. They will see and handle a range of materials, tools, objects and come home with original art that only a child can make! All materials are provided and be sure your child comes dressed for a mess.

Classes offered in partnership with the Kirkland Arts Center • Location: PKCC • Instructor: Karin Chickadel • 6 classes Resident \$50 / Non-Resident \$60

Sat	11:15am-12:15pm	Sept 20-0ct 25	43010
Sat	11:15am-12:15pm	Jan 10-Feb 14	43011

# PEE WEE MONSTER BASH!

#### Ages 5 and under with parent

Put on your costume, grab your broom and fly on over to our 7th Annual Pee Wee Monster Bash! You'll do the monster mash, the ghoulish cookie walk, swamp fishing for treats, arts & crafts,

and more. We guarantee a



PRE-REGISTER early to guarantee your spot! • Event usually sells out • If not sold out, tickets will be available at the door on a limited basis • No refunds for this event

Resident \$10.95 per child Non-Resident \$13.14 per child

(includes WA State Sales Tax)

# FRIDAY, OCT 31 10:00AM-N00N

North Kirkland Community Center 12421 103rd Ave NE

Friday

10am-12pm

October 31

43342



#### Science/Art Series for 3's



A Science/Art Experience

#### Age 3 years

These new short science classes are well suited for the youngest of scientists. This science and art series concentrates on exploring, discovering, and nurturing your preschool students' curiosity about the world around them. We will focus on problem solving, making guesses and estimates, and developing observation skills. Each series will have a variety of 'hands-on' and interactive themes! Learning will always be followed by a creative art project.

#### **Baggie Science NEW**



#### Age 3 years

Ordinary zip lock bas can be the perfect environment for a science experiment. Each week we will be getting messy and trying something new.

Instructor: Miss Melissa • Location: NKCC • 3 weeks Resident \$39 / Non-Resident \$47

1-2pm Sept 10-24 43344

### **Gadgets &** Contraptions NEW!



#### Age 3 years

Do you find your little scientist taking things apart and asking how they work? In this series we will do some hands on learning as we make catapults, pendulums and pulleys!

Instructor: Miss Melissa • Location: NKCC • 3 weeks Resident \$39 / Non-Resident \$47

43345 Wed 1-2pm 0ct 8-22

### Pollinators NEW!

#### Age 3 years

Pollination is important for every living creature. We will learn about the process of pollination and the animals that pollinate and how we can help the process of pollination ourselves.

Instructor: Miss Melissa • Location: NKCC • 3 weeks Resident \$39 / Non-Resident \$47

1-2pm 43346

### Winter Wonders NEW!

#### Age 3 years

Winter can be cold but also fun. We will learn about the wonders of winter and the animals that live in the Polar Regions. Instructor: Miss Melissa

Location: NKCC • 3 weeks • Resident \$39 / Non-Resident \$47

Wed 1-2pm 43347 Dec 3-17



#### **Animal Adaptions** New!



#### Age 3 years

As ecologists we will discover how animals adapt to their surroundings to find food and shelter. Each class we will create a new habitat.

Instructor: Miss Melissa • Location: NKCC • 3 weeks Resident \$39 / Non-Resident \$47

1-2pm Jan 7-21 43348

### **Mysterious Mixtures** NEW



#### Age 3 years

What dissolves and what doesn't? Do liquids with different densities mix? We will have fun making ooey gooey oobleck, homemade ice cream and more.

Instructor: Miss Melissa • Location: NKCC • 3 weeks Resident \$39 / Non-Resident \$47

1–2pm Jan 28-Feb 11 43349

### Circles, Squares, & Triangles, Oh My NEW!

#### Age 3 years

Shapes are all around us. Which ones are good for moving things? Which shapes hold the most weight? Is one shape better than another? How can we use these shapes to make things?

Instructor: Miss Melissa • Location: NKCC • 3 weeks Resident \$39 / Non-Resident \$47

Wed 1-2pm Mar 4-18 43350

### Science/Art Series for 4 to 5's

#### **Dinosaurs**

#### A Science/Art Experience

#### Ages 4 to 5 years

Your little paleontologist will have fun exploring dinosaurs and how they are classified. They will explore dinosaur fossils, eggs, life cycle, how dinosaurs defended themselves, and discuss what may have caused them to become extinct. They will follow up their natural science activity with an exploration of art, experience watercolors, pastels, paints and clay.

Instructor: Miss Melissa • Location: NKCC • 5 weeks Resident \$72 / Non-Resident \$86

Tue	10:30am-12pm	Sept 9–Oct 7	43352
Tue	12:30-2pm	Sept 9–0ct 7	43353

### Life Cycles NEW A Science/Art Experience

#### Ages 4 to 5 years

Whether it is a plant, insect, mammal, bird, reptile or amphibian it has a life cycle. Each week we will feature a life cycle of a living organism and discuss the similarities and differences between the different species. Be prepared to be taught from you little life scientist as they explain their life cycle artwork.

Instructor: Miss Melissa • Location: NKCC • 4 weeks No class 11/11 • Resident \$58 / Non-Resident \$70

Tue	10:30am-12pm	Oct 21-Nov 18	43354
Tue	12:30-2pm	Oct 21-Nov 18	43355

### **Experiments**

#### A Science/Art Experience

#### Ages 4 to 5 years

This short series encourages divergent thinking and provides tools for children to learn about their world through scientific experiments. They will learn why oil and water don't mix, the power of carbon dioxide, and how salt changes the chemistry of water. Don't miss out as every class will have a new science experiment.

Instructor: Miss Melissa • Location: NKCC • 3 weeks Resident \$43 / Non-Resident \$52

Tue	10:30am—12pm	Dec 2–16	43356
Tue	12:30-2pm	Dec 2–16	43357



# Earth's Endangered Creatures

#### A Science/Art Experience

#### Ages 4 to 5 years

What is an endangered species? Why are they endangered and how can we help? Each week children will discuss the threatening factors such as habitat loss, hunting, disease and climate change. Each session will be followed by an exploration of art focusing on our featured animals.

Instructor: Miss Melissa • Location: NKCC • 5 weeks Resident \$72 / Non-Resident \$86

Tue	10:30am-12pm	Jan 6-Feb 3	43358
Tue	12:30-2pm	Jan 6-Feb 3	43359

# Habitats A Science/Art Experience

#### Ages 4 to 5 years

Children will explore the wonders of different habitats. They will discover the similarities and differences between deserts, ponds, temperate forest, arctic, and the ocean. They will follow up their natural science activity with an exploration of art, experiencing watercolors, pastels, paints and clay. Don't miss out as we learn about the world around us with hands on activities.

Instructor: Miss Melissa • Location: NKCC • 5 weeks Resident \$72 / Non-Resident \$86

Tue	10:30am-12pm	Feb 24-Mar 24	43360
Tue	12:30-2pm	Feb 24-Mar 24	43361

### **Engineering For Kids**

# Junior Mechanical Engineering: Mechanical Toys

#### Ages 4 to 6 years

The Mechanical Toys Unit is designed to introduce our youngest students to the field of mechanical engineering through the investigations and design of an assortment of toys. Student will learn about various principles of motion as they construct a variety of toys from boomerangs to guitars. Students will learn about various principles of motion as they construct a variety of toys from boomerangs to guitars. Students will have fun learning about mechanical engineering through learning, building, and playing with their cool mechanical toys.

Instructor: Engineering for Kids • Location: NKCC 6 weeks • Resident \$90 / Non-Resident \$108 \$35 supply fee payable to the instructor

Wed	1-1:45pm	Sept 24-Oct 29	43595
Wed	1–1:45pm	Feb 25–Apr 1	43597

# Junior Environmental Engineering NEW

#### Ages 4 to 6 years

Are you ready to get down and dirty searching for solutions to some of our biggest environmental problems? In Junior Environmental, student ponder some truly "hot" environmental issues. Student in this class save endangered animals, help plants grow and create protection from the sun's heat. By investigating natural processes like erosion, animal adaptations, and plant growth; we discover ways that we as engineers can be inspired by the world around us to take on all sorts of challenges.

Instructor: Engineering for Kids • Location: NKCC • 6 weeks No class 11/26 • Resident \$90 / Non-Resident \$108 \$35 supply fee payable to the instructor



# Junior Marine Engineering NEW

#### Ages 4 to 6 years

What causes something to sink or float? How can engineers help explore and navigate the oceans of the world? These questions and more are all explored during the Junior Marine Engineering course. In this class, students explore the concepts of marine engineering and mechanics, harnessing the power of water, and discovering designs that help us make the impossible, possible.

Instructor: Engineering for Kids • Location: NKCC 6 weeks • Resident \$90 / Non-Resident \$108 \$35 supply fee payable to the instructor

Wed	1–1:45pm	Jan 14—Feb 18	43598



#### Language

### Polly-Glots

Polly-Glots was founded in 2007 by a mom with a dream of offering engaging and affordable language immersion classes for children.

#### French For Children

## Ages 5 to 9 years parent participation optional

This French immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities. Vocabulary is provided so parents can reinforce the language outside of class.

Instructor: Frederique Battestini/Polly-Glots Location: NKCC • 10 weeks • No class 2/14 Resident \$168 / Non-Resident \$202

Sat	10-10:45am	Sept 13-Nov 15	43364
Sat	10-10:45am	Jan 17–Mar 28	43365

For Parent/Child Spanish and Chinese ages 1–5, see page 13

### Cooking

# Creating In The Kitchen With Karen

#### Ages 3 to 5 years (children only)

Nurture curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

Instructor: Karen Renfroe-Gielgens • Location: McAuliffe Park, 10824 NE 116th St, Kirkland 98034 (enter off of 108th Ave NE) • 8 weeks • No class 1/19 & 2/16 • \$10 supply fee payable to instructor • Resident \$69 / Non-Resident \$83

Mon	2:30-3:30pm	Sept 8-0ct 27	43326
Mon	2:30-3:30pm	Jan 12-Mar 16	43328

# Holiday Creating in the Kitchen with Karen

#### Ages 3 to 5 years

Cook special holiday treats in this 4-week class.

Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off of 108th Ave NE) • 5 weeks • No class 11/24 Supply fee of \$6 payable to instructor Resident \$45 / Non-Resident \$54

Mon 2:30–3:30pm Nov 10–Dec 15 43330

#### **Preschool Music**

# **Move Over Mozart Piano Classes**

#### Ages 3 to 6 years

Learn to play familiar tunes on the piano, read music, and, basic music theory. Class recitals throughout the year are optional. Having a piano at home is not a requirement; instruction on community center piano or keyboard is included in instruction. A one-time \$10 materials fee is payable to instructor and due at first class.

Class size is limited to 6 (additional classes may be added based on waiting lists) • For more information visit moveovermozart.net • Location: NKCC

#### Fall Classes No class 11/11, 12/29

Monday 16 weeks • Resident \$159 / Non-Resident \$191 Tuesday & Thursday 10 weeks • Res \$99 / Non-Res \$119

#### Preschool Ages 3 to 4 years

Mon	4-4:30pm	Sept 22–Jan 12	16 classes	43366
Mon	5-5:30pm	Sept 22–Jan 12	16 classes	43367
Tue	4-4:30pm	Sept 16-Nov 25	10 classes	43368
Thur	4-4:30pm	Sept 18-Nov 20	10 classes	43369
Thur	5:30-6pm	Sept 18—Nov 20	10 classes	43370

#### Grade K-1; Ages 5 to 6 years

Mon	4:30-5pm	Sept 22–Jan 12	16 classes	43371
Mon	5:30-6pm	Sept 22–Jan 12	16 classes	43372
Tue	4:30-5pm	Sept 16-Nov 25	10 classes	43373
Thur	4:30-5pm	Sept 18-Nov 20	10 classes	43374
Thur	6-6:30pm	Sept 18-Nov 20	10 classes	43375

#### Winter Classes

No class 1/20, 2/16, 2/17, 2/19

Monday 9 weeks • Resident \$89 / Non-Resident \$107 Tuesday & Thursday 10 weeks • Res \$99 / Non-Res \$119

#### Preschool Ages 3 to 4 years

Mon	4-4:30pm	Jan 26-Mar 30	9 classes	43377
Mon	5-5:30pm	Jan 26-Mar 30	9 classes	43378
Tue	4-4:30pm	Jan 20-Mar 31	10 classes	43379
Thur	4-4:30pm	Jan 22–Apr 2	10 classes	43380
Thur	5:30-6pm	Jan 22–Apr 2	10 classes	43381

#### Grade K-1; Ages 5 to 6 years

Mon	4:30-5pm	Jan 26-Mar 30	9 classes	43382
Mon	5:30-6pm	Jan 26-Mar 30	9 classes	43383
Tue	4:30-5pm	Jan 20-Mar 31	10 classes	43384
Thur	4:30-5pm	Jan 22–Apr 2	10 classes	43385
Thur	6-6:30pm	Jan 22–Apr 2	10 classes	43386

For Move Over Mozart classes for ages 7–12, see page 25

#### **Preschool Dance**

#### **Preschool Ballet A**

# Ages 3 to $4\frac{1}{2}$ years with no previous dance experience

This exciting introduction to creative dance emphasizes musical expression, coordination and movement exploration. Mirrors and music create an enchanting dance environment. Parents may join us for the last class to watch and take pictures.

Ballet slippers required! Location: NKCC

Fall 12 weeks • No class 11/24-29 Resident \$86 / Non-Resident \$103

Mon	9:45–10:30am	Sept 15—Dec 8	43392
Wed 10:30-11:15am		Sept 17—Dec 10	43393
Wed	11:25am-12:10pm	Sept 17-Dec 10	43394
Thur	10:20-11:05am	Sept 18-Dec 11	43395
Sat	9-9:45am	Sept 13—Dec 6	43396
Sat	9:50-10:35am	Sept 13—Dec 6	43397

Winter Monday 11 weeks • No class 1/19 & 2/16 Resident \$79 / Non-Resident \$95

#### Winter Wednesday, Thursday, & Saturday 12 weeks Resident \$86 / Non-Resident \$103

Wed	10:30-11:15am	Jan 7–Mar 25	43399
Wed	11:25am-12:10pm	Jan 7–Mar 25	43400
Thur	10:20-11:05am	Jan 8-Mar 26	43401
Sat	9-9:45am	Jan 10-Mar 28	43402
Sat	9:50-10:35am	Jan 10-Mar 28	43403

#### **Preschool Ballet B**

#### Ages 4 to 6 years

Older preschoolers and children with previous dance experience will explore musicality, artistic expression and a repertoire of dance steps. Parents may join us for the last class to watch and take pictures.

Ballet slippers required! • Location: NKCC

Fall 12 weeks • No class 11/24-29 Resident \$86 / Non-Resident \$103

Mon	11:25am-12:10pm	Sept 15—Dec 8	43404
Thur	11:15am—12pm	Sept 18—Dec 11	43405
Sat	10:40-11:25am	Sent 13—Dec 6	43406

**Winter Monday 11 weeks •** No class 1/19 & 2/16 Resident \$79 / Non-Resident \$95

Mon 11:25am-12:10pm Jan 5-Mar 30 43407

**Winter Thursday & Saturday 12 weeks** Resident \$86 / Non-Resident \$103

Thur	11:15am-12pm	Jan 8–Mar 26	43408
Sat	10:40-11:25am	Jan 10-Mar 28	43409



#### **Preschool Ballet/Tap** Combo A

#### Ages 3 to 41/2 years

Remember your first pair of shiny black tap shoes? We do! Tap was so much fun we added it to our Preschool Ballet Class! This class will introduce the very beginning movements of ballet and the toe tapping sounds of tap. Parents may join us for the last class to watch and take pictures.

Ballet slippers and tap or dress shoes required! Location: NKCC

Fall 12 weeks • No class 11/24 - 29 Resident \$86 / Non-Resident \$103

Mon	10:35–11:20am	Sept 15—Dec 8	43410
Thur	9:30-10:15am	Sept 18-Dec 11	43411
Thur	4-4:45pm	Sept 18-Dec 11	43412

Winter Monday 11 weeks • No class 1/19 & 2/16 Resident \$79 / Non-Resident \$95

Mon	10:35-11:20am	Jan 5-Mar 30	43413

#### Winter Thursday 12 weeks

Resident \$86 / Non-Resident \$103

Thur	9:30-10:15am	Jan 8–Mar 26	43414
Thur	4-4:45pm	Jan 8–Mar 26	43415

#### **Preschool Ballet/Tap** Combo B

#### Ages 4 to 6 years

Ballet and tap are explored in this class for the older preschooler and also for children with previous dance experience. Parents may join us for the last class to watch and take pictures

Ballet slippers and tap or dress shoes required! Location: NKCC • 12 weeks • No class 11/26 & 27 Resident \$86 / Non-Resident \$103

Wed	12:15-1pm	Sept 17-Dec 10	43416
Thur	4:50-5:35pm	Sept 18-Dec 11	43417
Wed	12:15-1pm	Jan 7–Mar 25	43418
Thur	4:50-5:35pm	Jan 8–Mar 26	43419

Dance Class for Two Year Olds with Parent, see page 14

#### **Jazz for Children**

#### Ages 3 to 41/2 years

Jazz—It's fun, upbeat, and allows for just enough "free dance." This might be the perfect combination class because ballet techniques are taught through jazz. Start with a simple warm up followed by intros to turns, kicks, and leaps, with time for free form expression. Parents may join us for the last class to watch and take pictures.

Ballet slippers required • Location: NKCC • 12 weeks No class 11/26 • Resident \$86 / Non-Resident \$103

Wed	9:40-10:25am	Sept 17—Dec 10	43420
Wed	9:40-10:25am	Jan 7–Mar 25	43421

### Ice Skating ALL AGES!

Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Whether you are a beginner or would like to enhance your present skill level, we encourage children and adults to join. Students will be divided into their skill level and age level. Skates will be provided and helmets are highly recommended.

Location: Kingsgate Arena; 14326 124th Ave NE, Kirkland, 98034 • Classes will include 30 minutes of professional instruction and 30 minutes of practice/free skatina time • Registration deadline is: one week prior to start of first class • Please arrive 1/2 hour before class to get skates on Please wear warm clothes, jacket and gloves

#### Fall Classes

#### **Ages 5 to Adult**

7 weeks • Resident \$125 / Non-Resident \$150

Mon	6-7pm	Sept 8-Oct 20	42915
Fri	6-7pm	Sept 12-0ct 24	42919
Mon	6–7pm	Nov 3–Dec 15	42916

4 weeks • Resident \$75 / Non-Resident \$90 • No class 11/28 6-7pm Nov 7-Dec 5

#### **Ages 4 to Adult**

7 weeks • Resident \$125 / Non-Resident \$150

Tue	10:45-11:45am	Sept 9-0ct 21	42917
Tue	10:45-11:45am	Nov 4-Dec 16	42918

#### Winter Classes

#### **Ages 5 to Adult**

7 weeks • Resident \$130 / Non- Resident \$156

М	on	6-7pm	Jan 5-Feb 16	42921
Fr	i	6-7pm	Jan 9–Feb 20	42925
М	on	6-7pm	Mar 2-Apr13	42922
Fr	i	6-7pm	Mar 6–Apr 17	42926

#### Ages 4 to Adult

7 weeks • Resident \$130 / Non- Resident \$156

Tue	10:45-11:45am	Jan 6–Feb 17	42923
Tue	10:45–11:45am	Mar 3-Apr14	42924



#### **Tumbling**

#### Little Tumblers 1

#### Ages 3 to 4 years

FUNdamental tumbling is geared toward the 3 and 4 year old preschooler. Basic tumbling skills are taught on floor mats. Introduction to low balance beam, bar, and trampoline. The emphasis in this class is placed on coordination, technique, and FUN!

Please dress comfortably in shorts, T-shirts or leotards. No clothing with buttons or zippers.

**Fall 6 weeks •** No class 11/24 • Location: NKCC Resident \$45 / Non-Resident \$54

Mon	4-4:45pm	Sept 8-Oct 13	43428
Mon	4-4:45pm	Oct 27-Dec 8	43429
Mon	9:40-10:25am	Sept 8–0ct 13	43430
Mon	10:30-11:15am	Sept 8–0ct 13	43431
Mon	11:30am-12:15pm	Sept 8–0ct 13	43432
Mon	9:40-10:25am	Oct 27-Dec 8	43433
Mon	10:30-11:15am	Oct 27-Dec 8	43434
Mon	11:30am-12:15pm	Oct 27–Dec 8	43435

Winter 5 weeks • No class 1/19 • Location: NKCC Resident \$38 / Non-Resident \$46

Mon	4–4:45pm	Jan 5–Feb 9	43436
Mon	9:40-10:25am	Jan 5-Feb 9	43437
Mon	10:30-11:15am	Jan 5-Feb 9	43438
Mon	11:30am-12:15pm	Jan 5-Feb 9	43439

Winter 6 weeks • Location: NKCC Resident \$45 / Non-Resident \$54

Mon	4–4:45pm	Feb 23—Mar 30	43440
Mon	9:40-10:25am	Feb 23-Mar 30	43441
Mon	10:30-11:15am	Feb 23-Mar 30	43442
Mon	11:30am-12:15pm	Feb 23-Mar 30	43443

#### **Little Tumblers 2**

#### Ages 4 to 6 years

For children with previous tumbling experience only. Review tumbling skills and advance to the next level with additional work on all apparatus.

Please dress comfortably in shorts, T-shirts or leotards. No clothing with buttons or zippers.

**Fall 6 weeks •** No class 11/24 • Location: NKCC Resident \$45 / Non-Resident \$54

Mon	4:50-5:35pm	Sept 8-0ct 13	43444
Mon	4:50-5:35pm	Oct 27-Dec 8	43445

**Winter 5 weeks •** No class 1/19 • Location: NKCC Resident \$38 / Non-Resident \$46

4.50 5.35....

MOU	4:50-5:35pm	Jan 5—Feb 9	4344/
Winter 6 v	weeks • Location: NK	CC • Res \$45 / Non-R	Pes \$54
Mon	4:50-5:35pm	Feb 23-Mar 30	43448

### **Rhythmic Gymnastics**

Kirkland Park Department teams up with La Luna Rhythmic Gymnastics Academy to bring this beautiful Olympic sport of Rhythmic Gymnastics to the Kirkland community. These introductory classes are offered in a safe, friendly, new studio in your neighborhood. Rhythmic Gymnastics combines the grace and beauty of ballet and creative movement with music. Participants perform athletic tricks with ribbons, balls, hoops, ropes and clubs. Self-esteem, discipline, flexibility, dance and artistry, concentration, eye/hand coordination, and aerobic exercise are some of the benefits of this unique sport. Gymnasts learn the basic positions of ballet and do routines with music.

Instructor Arzu Karaali has trained athletes for National and International competitions and worked with athletes as a choreographer for the 1996 Olympic Games in Atlanta • She was selected seven times "Best Choreographer of the Year" in Washington and was awarded "Coach of the Year" three times by the USA Gymnastics Federation in Region 2
• Location: La Luna Gym — 11251 120th Ave NE Suite #150 Kirkland, WA 98033 • www.lalunagym.com

#### Rhythmic Gymnastics Level 1 Beginners

#### Girls Ages 4 to 5

Introduces students to basic positions of Ballet and Rhythmic Gymnastics apparatus while encouraging confidence, creativity, flexibility of movement and self-expression.

No experience necessary • Gymnastics leotard required, bare feet or socks OK • Location: LaLuna Gym, 11251 120th Ave NE, Suite 150, Kirkland

**6 weeks •** No class 11/11, 11/29, & 2/14 Resident \$60 / Non-Resident \$72

2-2:45pm	Sept 9–0ct 14	43450
2-2:45pm	Oct 28-Dec 9	43451
3-3:45pm	Sept 9-0ct 14	43452
3-3:45pm	Oct 28-Dec 9	43453
12-12:45pm	Sept 13-Oct 18	43454
12-12:45pm	Nov 1–Dec 13	43455
2-2:45pm	Jan 13-Feb 17	43460
3-3:45pm	Jan 13-Feb 17	43461
12-12:45pm	Jan 10-Feb 21	43462
	2–2:45pm 3–3:45pm 3–3:45pm 12–12:45pm 12–12:45pm 2–2:45pm 3–3:45pm	2–2:45pm Oct 28–Dec 9 3–3:45pm Sept 9–Oct 14 3–3:45pm Oct 28–Dec 9 12–12:45pm Sept 13–Oct 18 12–12:45pm Nov 1–Dec 13 2–2:45pm Jan 13–Feb 17 3–3:45pm Jan 13–Feb 17

5 weeks • Resident \$50 / Non-Resident \$60

Tue	2–2:45pm	Mar 3-Mar 31	43463
Tue	3-3:45pm	Mar 3-Mar 31	43464
Sat	12-12:45pm	Mar 7–Apr 4	43465

#### Rhythmic Gymnastics Level 2 Advanced

#### Girls Ages 4 to 5

This Level 2 class has been designed for 4 and 5 year olds with experience. The class reinforces the foundation of ballet and rhythmic gymnastics while introducing advanced techniques. It is important that your child be able to listen and follow directions in order to challenge and prepare for the next level!

Gymnastics leotard required, bare feet or socks OK
• Minimum of one year dance or gymnastics experience required • Location: LaLuna Gym, 11251 120th Ave NE, Suite 150, Kirkland

**6 weeks •** No class 11/29, & 2/14 Resident \$60 / Non-Resident \$72

Sat	12-12:45pm	Sept 13-Oct 18	43456
Sat	12-12:45pm	Nov 1-Dec 13	43457
Sat	12-12:45pm	Jan 10—Feb 21	43466

5 weeks • Resident \$50 / Non-Resident \$60

Sat	12-12:45pm	Mar 7–Apr 4	43467

For Rhythmic Gymnastics ages 6-8, see page 29



I... F F.I. O

# Basketball for 2½ to 6 year olds!

Develop basic motor skills such as dribbling/ball handling, shooting, passing/ catching and running/agility that are needed to participate in organized basketball. Practice and games are centered around skill development, participation, and fun! Each player receives a T-shirt, group photo and participation certificate.

Class meets 6 weeks • No class 11/29 or 2/14 • Shirts will be handed out on photo day.

#### **Fall League**

Please note Photo day is October 25th:

2½ to 3 years old pictures are at 9:30am 4 to 6 year olds pictures are at 10:45am

Resident \$65 / Non-Resident \$78 • 6 classes

Age  $2\frac{1}{2}$  and 3

43029 Sat 10:am-11am Oct 25-Dec 6

Age 4, 5 and 6

43030 11:15am-12:15pm Oct 25-Dec 6

#### **Winter League**

Please note Photo day is January 24th:

2½ to 3 years old pictures are at 9:30am 4 to 6 year olds pictures are at 10:45am Resident \$65 / Non-Resident \$78 • 6 classes

Age 21/2 and 3

43031 Sat Jan 24-Mar 7 10am-11am

Age 4, 5 and 6

43032 Sat 11:15am-12:15pm Jan 24-Mar 7



#### **Martial Arts**

### **Mighty Mite Martial Arts**

#### Ages 4 to 6 years

Miller's Martial Arts Academy introduces Martial Arts to boys and girls. Learn non-violent conflict resolution, better concentration and listening skills, and build coordination, flexibility and self-control. At this age there will never be contact between participants. The last week of class we will have a graduation ceremony to a Mighty Mite White Belt.

Location: Miller's Martial Arts Academy, 8920 122nd Ave NE, Kirkland

8 weeks • No class 1/19 & 2/16 Resident \$38 / Non-Resident \$46

Mon	2:30-3pm	Sept 8-0ct 27	43422
Wed	2:45-3:15pm	Sept 10-0ct 29	43423
Sat	10:30-11am	Sept 13—Nov 1	43424
Mon	2:30-3pm	Jan 5–Mar 9	43425
Wed	2:45-3:15pm	Jan 7–Feb 25	43426
Sat	10:30-11am	Jan 10—Feb 28	43427

#### **Preschool Kids In Motion**

#### Up and over, under and through, balls and streamers, tunnels and YOU!

Meet friends, build confidence and have FUN developing their large muscle motor skills. This program progresses with your child... they'll be crawling, climbing, balancing, and bouncing! See page 15 for Parent/Child Kids in Motion classes for younger children.

Location: NKCC



### Kids in Motion - On My Own

Perfect for children transitioning to non-parent participation. This ½ hour class is for children only.

#### Ages 28 months to 3 years

Thurs

7 weeks • Resident \$32 / Non-Resident \$38

9:15-9:45am

Thurs	9:15-9:45am	Sept 11–0ct 23	43302
6 weeks •	No class 11/27 • Resi	ident \$27 / Non-Res	ident \$32
Thurs	9:15-9:45am	Nov 6-Dec 18	43303
Thurs	9·15_9·45am	lan 8-Feh 12	43304

Feb 26-Apr 2

#### **Kids in Motion A & B**

These 45-minute classes are for children only.

#### Motion A Ages 21/2 to 3 years

7 weeks • Resident \$49 / Non-Resident \$59 11-11:45am

Wed	11–11:45am	Sept 10-0ct 22	43306
	No class 11/26 \$42 / Non-Resident .	\$50	
Wed	11–11:45am	Nov 5-Dec 17	43307
Wed	11–11:45am	Jan 7–Feb 11	43308
Wed	11–11:45am	Feb 25–Apr 1	43309

#### Motion B Ages 3 to 4 years

7 weeks • Resident \$49 / Non-Resident \$59

Thur	11:35am-12:20pm	Sept 11-0ct 23	43310				
5 weeks • No class 11/27							
Resident \$42 / Non-Resident \$50							

Thur	11:35am—12:20pm	Nov 6–Dec 18	43311
Thur	11:35am-12:20pm	Jan 8-Feb 12	43312
Thur	11:35am-12:20pm	Feb 26–Apr 2	43313

43305

### SPACE IS LIMITED! REGISTRATION CURRENTLY OPEN!



# AGES 3 TO 6 YEARS TWO LOCATIONS TO CHOOSE FROM!

The Pee Wee Soccer League is focused on fun, participation and socialization. Games are played on Saturday mornings.

# Volunteer coaches needed.

Please call 425.587.3331 for more information.



#### Resident \$66 • Non-Resident \$79

\*\* WA Sales Tax Will Be Collected \*\*

PLEASE NOTE refunds will not be given if withdrawn after the coaches meeting, Sept. 3rd. The coaches meeting marks the official start of the program.

#### **LOCATION 1:** Emerson High Field, 10903 NE 53rd St

Possible games times: 9am, 10am, 11am, 12pm, 1pm, or 2pm

3 to 4 year olds	Sat	Sept 13 – Oct 25	43142
5 to 6 year olds	Sat	Sept 13 – Oct 25	43143

#### LOCATION 2: 132nd Square Park, 13159 132nd Ave NE

Possible games times: 9am, 10am, 11am, 12pm, 1pm, or 2pm

3 to 4 year olds	Sat	Sept 13 – Oct 25	43144
5 to 6 year olds	Sat	Sept 13 – Oct 25	43145

# SPRING REGISTRATION WILL START ON FEB 2, 2015

# Quick Facts about the Pee Wee Soccer League (PWS):

#### Do I have to choose a location?

You are free to choose whichever location is most convenient. All games will be played at that particular location.

# I've signed up for PWS...what do I do now?

You will be contacted by a coach at least one week prior to the first day, September 13th. The coach will provide you with information about game schedule, team name, etc.

#### What is the format of the league?

The program meets on Saturday mornings/early afternoons. The program is one hour in duration with the first 20 or 30 minutes of the hour, depending on age division, devoted to practice. The last 30 or 40 minutes are reserved for a friendly, recreational-style soccer game. Game start times will range from 9am to 2pm and start on the hour. For example, week one your game might be at 9am but week two your game might be at 10am. A full season game schedule will be provided on the 1st day.

"This last spring season was the last season Felix and Hugo will play in the Kirkland Pee Wee Soccer league. It was their 7th season with the league and through it they developed a real love for soccer and I want to THANK YOU for creating such a great program. Felix and Hugo LOVED it and will take a love for soccer with them for the rest of their lives thanks to the seeds planted through Kirkland's Pee Wee Soccer League."

— Caroline McGrath, soccer parent in a note to NeSha Thomas-Schadt, Sport Coordinator

# I'd like to be a coach. How do I apply? And, what if my team does not have a coach?

Please visit our league website www.kirklandwa.gov/peeweesoccer to download the volunteer application. Prior soccer experience does help but is not necessary. All coaches must pass a background check. Feel free to email nthomas@kirklandwa.gov for more information.

#### How are teams formed?

Registration is taken in the order received. Siblings will be placed together. Teams are formed randomly, but we take into consideration gender ratios and ages of the participants.

#### Are games played in the rain?

Yes, games will be played as scheduled if the field is in good condition. If the field conditions are poor we will cancel games for the day and reschedule.

# Does the program take player pairing or coach requests?

Requests for team pairings are taken but are not guaranteed. Your child must be registered before you may make a request. We accept <u>one</u> request per child (player or coach pairing). Please note that if you register for the league, it is the parent's responsibility to arrange for travel, supervision, etc. regardless of who is on your child's team.

# What is included with the registration fee?

Each child will receive a t-shirt to wear during the season and a participant medal at the end of the season. Shin guards are not provided but are required. Cleats are optional but recommended.

# If I have additional questions, who do I contact?

Please call 425.587.3336 for additional information or to register.